

Leadership Training for Young Professionals and Managers

with Antje Ireland and Isabelle Krier

Career and personality Online in Zoom



Part 1

Tuesday and Wednesday – 27th & 28th **June** 2023

13:00 till 17:30 and 18:30 till 21:00

Part 2

Tuesday and Wednesday – 27th & 28th **September** 2023

13:00 till 17:30 and 18:30 till 21:00

We are happy to announce that we now offer a leadership training (2 x 2 days) focused on the questions and needs of **young professionals** in the first 10-15 years of their professional life.

The first years on the job involve many important decisions and changes. Young professionals with high potential are quickly promoted to new positions, and new skills are required/needed and confidence is demanded in each role.

Many of these skills are not just technical and/or professional skills that one has studied for. Many of these skills are "soft skills." For leadership skills it is helpful and important to understand what you stand for, what makes you "tick" and why certain behaviours are helpful and others not. Only with these skills, it is possible to deal with teams, conflicts and interpersonal challenges in a confident way.

Our training is designed to develop these leadership soft skills, along the way provide room for personal development and thus pave the way to a successful professional career.

Target group

The leadership training is open to all young professionals with priority being given to alumni of the Oskar von Miller Forum.

Minimum

A minimum of 10 participants is required for the training to take place. We will inform 6 weeks before the date accordingly.

Location

All 4 days will take place in a training location in Munich.

Costs

The costs for the training are 1606,5-€ (including VAT) / per person for the 4 days. The costs include seminar documents, certificate.

Content

Seminar 1 - Day 1 & 2 - March 2023 - My career and me

Possible contents - (The exact main topics will be determined after consultation with the participants)

- Clarity about one's own role: from expert to leader
- Leadership of teams and individuals
- Feedback method: Recognizing competencies and promoting development potential
- Confidently conducting difficult conversations: With supervisor, colleagues or customers

Seminar 2 - Day 3 & 4 - September 2023 - Introduction to self-leadership

Possible contents - (The exact topics will be determined after consultation with the participants)

- Self-leadership: How do I manage myself in professional challenges and how do I become even more confident and self-assured?
- My strengths and trigger points and how does that affect me?
- Stress management, decision making and setting my own priorities
- in harmony with myself and my role
- Goals and strategy: vision of my career and life path

Trainer:

Isabelle Krier – www.isabellekrier-coaching.de

Antje Ireland – www.antje-ireland.eu

Participant:

First name _____

Last name: _____

Company / Office _____

E-Mail _____

Telefon _____

Billing address:

Company / Office _____

Straße _____

Zip code / City _____

Fine print:

For planning security, we ask for prompt, binding registration. Registrations will be considered in the order in which they are received. Payment information for the total amount will be sent after registration.

A minimum number of 10 participants is calculated for the seminar. If this number is not reached by the end of Mai 2023, the event cannot take place. A cancellation of the registration up to 1 week before the start of the training is possible if a substitute person can be named.

I accept the conditions of participation:

Place, date _____

Signature _____